

## Frederick Pedalers Spring Century 2017

### P-P Miles Turn Road

0.0	0.0	Start	Utica District Park 10200-B Old Frederick Road Frederick, MD 21701
0.4	0.4	R	Old Frederick Rd
0.6	1.0	L	Devilbiss Bridge Rd
1.6	2.6	L	Dublin Rd/SS
4.0	6.6	L	MD550/SS
2.3	8.9	BR	tro MD550 @ Old Frederick Rd
0.2	9.1	L	Blacks Mill Rd
4.0	13.1	R	MD806/Catoclin Furnace Rd/SS/T
3.6	16.7	L	Altamont Ave
0.2	16.9	L	W Main St/MD77/SS climb mountain - 3 summits caution on fast descent
10.3	27.2	R	MD64/Smithsburg Pike/TL
4.3	31.5	R	MD418/Ringgold Pk/blinking light
1.9	33.4	S	> Midvale Rd; Enter Pennsylvania
1.4	34.8	R	PA16/TL
0.1	34.9	QBR	Old PA16
0.2	35.1	L	Washington Twp Blvd
0.1	35.2	S	cross PA16/TL/ <b>Sheetz</b> on R

### P-P Miles Turn Road

0.0	52.1	R	from lunch stop on Spring Rd
0.3	52.4	S/BR	Falling Spring Rd/SS
1.8	54.2	L	Cider Press Rd/SR2027
2.0	56.2	L	PA316S/Wayne Rd/SS/T
1.5	57.7	R	PA914W/Swamp Fox Rd
2.5	60.2	L	Marion Rd/SS/T
1.5	61.7	R	Grindstone Hill Rd/SS/T
0.1	61.8	QL	Murray Rd
0.9	62.7	R	Hades Church Rd/SS/T
3.9	66.6	L	PA16E/Buchanan Trail/SS
4.8	71.4		<b>Turkey Hill on L</b>
0.7	72.1	R	Clayton Ave/PA997S/TL
0.6	72.7	L	PA997S/Slate Hill Rd
0.5	73.2	L	Welty Rd/before bridge <b>on DH!</b>
1.1	74.3	R	Amsterdam Rd
1.2	75.5	L	Midvale Rd/SS
0.5	76.0	R	PA16/TL
0.1	76.1	QBR	Old PA16
0.3	76.4	L	Washington Twp Blvd
0.1	76.5	S	cross PA16, <b>Sheetz</b> on R
			Leave L on Washington Twp Blvd
0.0	35.2	R	Leave R on Washington Twp Blvd
0.8	36.0	S	X Old Forge tro Wash Twp Blvd/SS
0.9	36.9	S	tro Wash Twp Blvd @ roundabout
0.3	37.2	R	Country Club Rd
0.9	38.1	BL	tro Country Club Rd
0.9	39.0	L	Mentzer Gap Rd/SS
1.6	40.6	BR	tro Mentzer Gap Rd @ Shank Hess
1.4	42.0	BR	Shoestring Hill Rd <b>ETM!</b> (Mentzer Gap goes L)
0.2	42.2	R	PA997/Anthony Hwy/SS
0.5	42.7	L	Hess Benedict Rd (Quincy Mini Mkt)
1.3	44.0	R	Burkholder Rd
0.7	44.7	R	Manheim Rd/SS
0.1	44.8	QL	Buttermilk Rd
2.0	46.8	L	Stamey Hill Rd/SS/T/UM
0.1	46.9	R	Attenwald Rd/SS/T
0.9	47.8	R	Fetterhoff Chapel Rd/SS/T/UM
0.3	48.1	L	Haulman Rd
0.8	48.9	L	Dairy Rd/SS
0.1	49.0	R	Brechbill Loop Rd/SS/UM
0.7	49.7	S	Mont Alto Rd/SS
0.7	50.4	L	Spring Rd
0.6	51.0	BL	tro Spring Rd @ Wilkson Ln/SS
1.1	52.1		<b>Lunch Stop on R</b> <b>Windy Knoll Farm Market</b> <b>and Creamery</b> food, restrooms M-F 8-6; Sat 8-5; closed Sunday 2685 Spring Rd, Chambersburg PA
0.1	76.6	S	cross PA16/TL
0.2	76.8	L	Old PA16/SS/T; climb
1.8	78.6	R	Buena Vista Rd; climb more
2.2	80.8	R	Camp Ritchie Rd/SS
0.5	81.3	L	Military Rd/MD550
0.4	81.7		<b>GT Handimart store on R</b> (no restrooms)
4.5	86.2	S	continue descent on MD550/SS
4.3	90.5		<b>Sheetz</b> on L L leaving Sheetz on MD550
0.7	91.2	L	E Main St/MD77/TL
1.0	92.2	BL	MD77/Rocky Ridge Rd
0.8	93.0	R	Graceham Rd
2.1	95.1	L	MD550/Creagerstown Rd/SS/T
0.9	96.0	BR	Old Frederick Rd
4.6	100.6	R	into Utica District Park
0.4	101.0		Finish

Estimated elevation: 5320 ft  
<https://ridewithgps.com/routes/20484680/>  
 Last edit 04/21/2017